

**PROFESSIONAL DISCLOSURE STATEMENT**  
**Patricia A. Young, M.A., L.M.H.C., B.C.P.C.**

Qualification Experience:

I am pleased that you have selected me as your Christian mental health counselor. This document is to inform you about my background and insure that you will understand our professional relationship.

I hold the following degrees:

- M.A. in Counseling (Counselor Education and Supervision)
- University of South Florida - 2001
- B.S. in Psychology, Berry College – 1977

I am licensed as a mental health counselor in the State of Florida, holding a State of Florida certificate in Education (Exceptional Student Education, Math Education, Regular classroom Education, Counselor Education). I am also certified by the American Psychotherapy Association as a Board Certified Professional Counselor. I have been in the practice of counseling in the school system since 1999 and in private practice since 2001. My practice provides services in the following areas:

Individual, Couples, and Families, Children, Adolescents ADHD/ADD, Anxiety, Depression, Women’s Issues, Family Issues Anger management, Behavior management, Stress management Grief, Divorce/Reconciliation, Life Transitions
---

Psychological/Educational Evaluations, Behavioral Assessments, Groups, Consultation Seminars/Workshops (Parents, Teachers, Professionals)
---

Premarital Counseling - Premarital Course Provider Polk County Circuit Court Examining Committee for Polk County Circuit Court (Guardianship)
--

Nature of counseling:

It is my desire to counsel in such a manner that I may help those I counsel to glorify God with their lives, and in doing so, bring honor and glory to the name of the One whom I serve, the Lord Jesus Christ. I intend for my counseling to be a ministry to those who are in need of being strengthened in mind and heart.....desiring to live their life in such a way that they may come to glorify God and enjoy Him forever. I believe that as people see God’s word and His plan more clearly there will be hope and strength given to them. Some clients will need only a few sessions to see this, while others may require months or even years of a counseling relationship. If counseling is successful, you and/or your family should feel that you will be able to face life’s challenges in the future with a God-centered relationship, Biblical principles and direction, and strategies/techniques, without my intervention.